



ÖSTERSJÖSTIFTELSEN

THE FOUNDATION FOR BALTIC AND EAST EUROPEAN STUDIES



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The Foundation for Baltic  
and East European Studies



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25 November 2025



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# Welcome to the information meeting!

## The meeting will start at 10:00 am

Please mute your microphone.

After the presentation there will be time for questions. (Use the "raise hand"-function).

We will not answer the questions directly in the chat.

The meeting is not recorded.

The presentation will be available at [www.ostersjostiftelsen.se](http://www.ostersjostiftelsen.se) after the meeting.



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THE FOUNDATION FOR BALTIC AND EAST EUROPEAN STUDIES

25 November 2022

# Programme

10.00–10.05:	About the Foundation
10.05–10.20:	Forms of support and rules
10.20–10.30:	Information from Södertörn University's process
10.30–10.45:	Assessment process and assessment criteria
10.45–11.00:	Tips along the way
11:00–11.20:	Questions

# Who are we?

- Founded in 1994 by the Swedish Government
- Supports research related to the Baltic Sea Region and Eastern Europe at Södertörn University
- In 2025 we have several calls for applications
  - Two and three-year projects, post doc-projects, grand projects, research networks, conference grants, publication grants
- Calls open on December 16, 2024

# Research grants 2025

## Two or three year project:

- Support for a well-defined research project within a limited period, applicants themselves formulate the research problem and decide on the method and implementation
- Applicant: Individual researcher or a smaller group of researchers
- All participating researchers must have obtained a PhD
- Grant administrator: Södertörn University
- Grant amount: Maximum of SEK 6 million.
- Period 2–3 years
- Start: January 2026

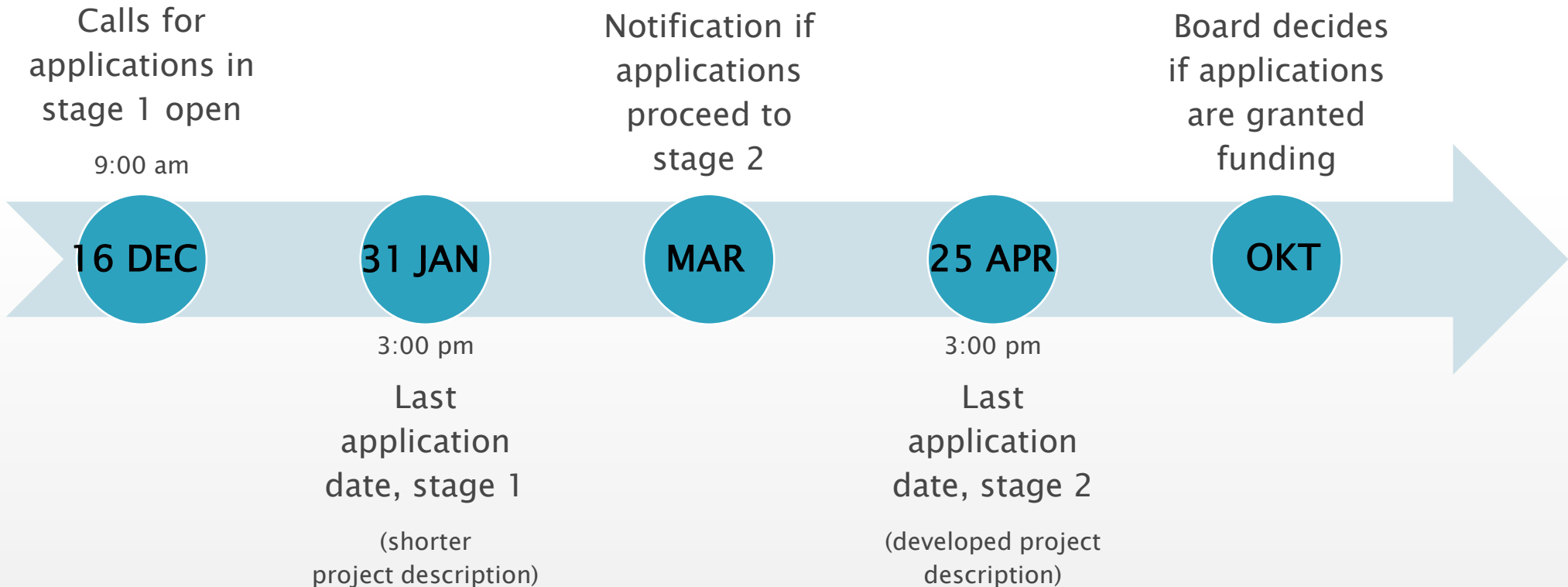
# Research grants 2025

## Postdoc projects:

Support to conduct a well-defined research task within a limited period

- Applicant: A researcher up to three years after obtaining PhD. Or a PhD-student due to obtain the doctorate before 2026.
- Grant administrator: Södertörn University
- Grant amount: Salary funding may cover 80–100% of a full-time annual position
- Period: 2 years
- Start: January 2026

# Key dates two- and three-year projects and postdoctoral projects 2025



# Research grants 2025

## Grand projects:

- A challenging, joint and coherent research task
- Excellence
- Collaborations across subject and institutional boundaries and national borders
- Advanced research environment or advanced research network
- A strong international element in the research group



# Research grants 2025

## Grand projects:

- Applicant: A group of at least four researchers
- Participating researchers applying for salary funding must have obtained a doctorate by the date of application.
- Funding may be applied for PhD students and postdocs
- Grant administrator: Södertörn University
- Grant amount: 25 million sek (5/year)
- Period: 4–5 years
- Start: January 2026

# Key dates for Grand projects 2025

Call for applications opens  
9:00 am

**16 DEC**

**31 JAN**

3:00 pm  
Last application date

Notification if applications proceed to external experts' assessment

**MAY**

Interview with groups of researchers

**SEP**

Board decides if applications are granted funding

**OKT**



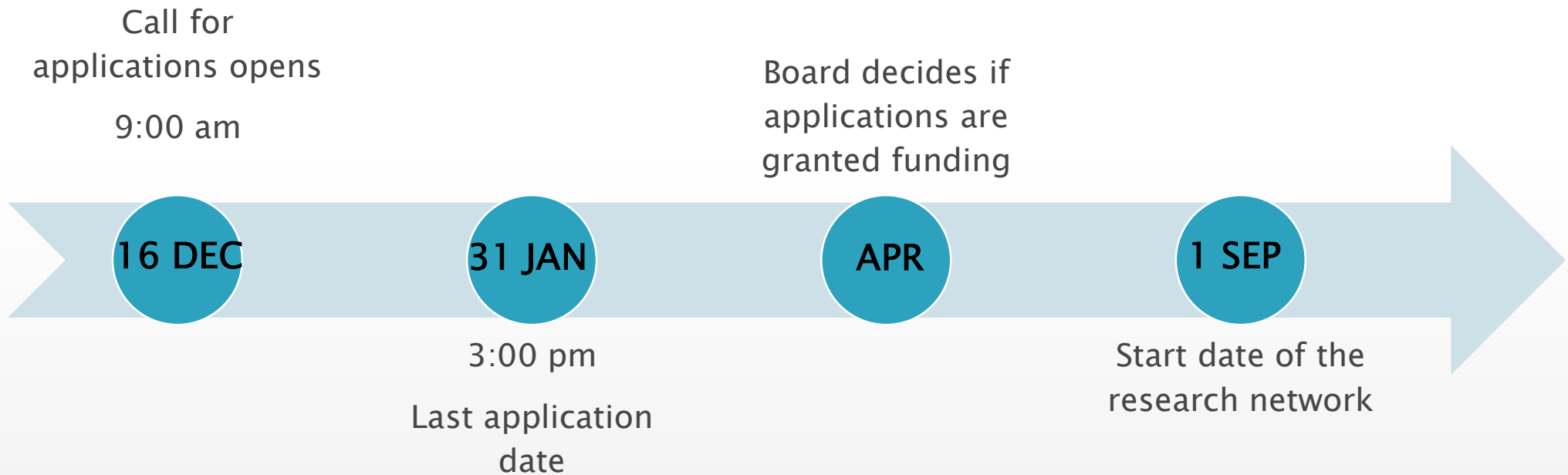
# Research grants 2025

## Research networks:

Creating new networks of researchers or maintaining already established ones, research initiation or contribution to future research through academic meetings and contacts that may eventually culminate in applications for research funds

- Applicant: A group of international researchers, including at least one member from Södertörn University
- Grant amount: 1 50 000 SEK
- Period: 1 year
- Start: September 2025

# Key dates research networks 2025



# Research grants 2025

## Conference grants:

Support to arrange a conference with clear relevance to the Baltic Sea Region and/or Eastern Europe

- Applicant: An individual researcher. At least one person in the organizing group must be employed at Södertörn University.
- Grant administrator: Södertörn University
- Grant amount: Actual costs related to the organisation of the conference
- Period: 1 year
- Start: Date of the decision

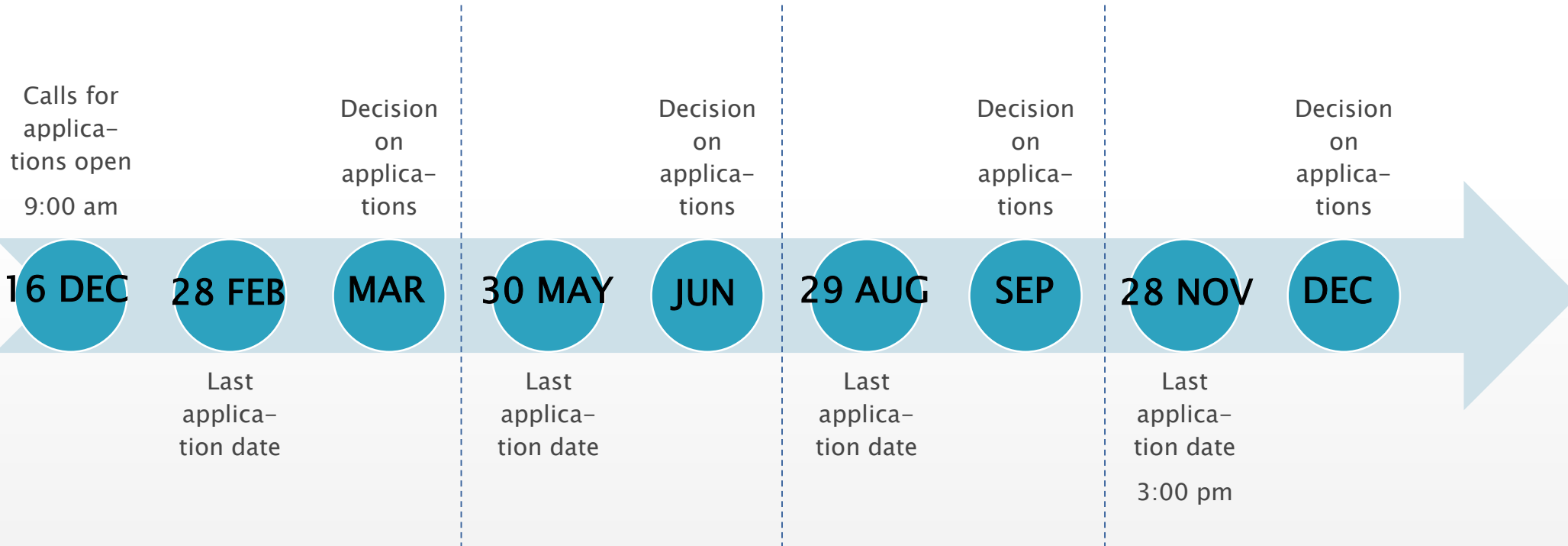
# Research grants 2025

## Publication grants:

Support for publishing research results from either a former research project or in connection to an approved conference grant, in both cases with funding from the Foundation

- Applicant: A project manager of a project funded by ÖSS
- Grant amount: Only costs related to publication
- Period: 1 year
- Start: Date of the decision

# Key dates conference and publication grants 2025



# Overview – [www.ostersjostiftelsen.se](http://www.ostersjostiftelsen.se)

Form of support	Grand Projects	Two- and three-year projects	Postdoctoral projects	Research networks	Conference grants	Publication grants
Funding for	research			networking	a conference	a publication
Eligible to apply by	4 researchers and up. PHD and postdoc.	Single researcher or a small group of researchers	1 researcher up to 3 years after a doctorate, or to obtain PHD before 2026	A group of international researchers	An individual researcher	A former project manager up to 3 years after final reporting
Project period	4–5 years	2 or 3 years	2 years	1 year		
Project start	1 January 2026	1 January 2026		September 2025	date of decision	
Amount of the grant	Max. SEK 5 million per year	Max. SEK 2 million per year	Salary funding may cover 80–100% of a full-time annual position	Max. SEK 150,000	Only costs in connection with a conference	Only costs in connection with a publication
Grant administrator	Södertörn University			Higher education institution in Sweden	Södertörn University	Higher education institution in Sweden
Stages in the process	1	2		1		



# Which grants may be applied for simultaneously?

[www.ostersjostiftelsen.se](http://www.ostersjostiftelsen.se)

Applying for		Two- and three-year project		Postdoctoral project	Research network		Conference grant	Publication grant
		Grand project			project manager	project manager		
Can apply also for		project manager	participant	project manager			project manager	participant
Two- and three-year project	project manager	no	no	no	yes	yes	yes	See a.
	participant	no	no	no	yes	yes	yes	See a.
Grand project	project manager	no	no	no	yes	yes	yes	See a.
Postdoctoral project	project manager	no	no	no	yes	yes	yes	See a.
Research network	project manager	yes	yes	yes	no	no	yes	See a.
	participant	yes	yes	Yes	no	no	yes	See a.
Conference grant	project manager	yes	yes	Yes	yes	yes	yes	See a.
Publication grant	project manager	See a.	See a.	See a.	See a.	See a.	See a.	See a.

**a** Publication grants are available to former project managers of research projects funded by the Foundation, up to three years after the final project report. Project managers with awarded conference grants are also eligible. If eligible, publication grants can be applied for alongside other support types.

# What are the rules if a researcher has an ongoing project? [www.ostersjostiftelsen.se](http://www.ostersjostiftelsen.se)

Applying for		Two- and three-year project and Grand project		Postdoctoral project	Research network		Conference grant	Publication grant
		project manager	participant	project manager	project manager	participant	project manager	project manager
Two- and three-year project and Grand project	project manager	no	yes	no	yes	yes	yes	See a.
	participant	yes	yes	yes	yes	yes	yes	See a.
Postdoctoral project	project manager	no	yes	no	yes	yes	yes	See a.
Research network	project manager	yes	yes	yes	yes	yes	yes	See a.
	participant	yes	yes	yes	yes	yes	yes	See a.
Conference grant	project manager	yes	yes	yes	yes	yes	yes	See a.
Publication grant	project manager	See a.	See a.	See a.	See a.	See a.	See a.	See a.

a. Publication grants are available to former project managers of research projects funded by the Foundation, up to three years after the final project report. Project managers with awarded conference grants are also eligible. If eligible, publication grants can be applied for alongside other support types.

# Grant administrator and applicants

Södertörn University must be grant administrator for:

- Grand projects
- Two- and three-year projects
- Postdoc projects
- Conference grants

HEI in Sweden may be grant administrator for:

- Research networks (network must include a researcher at Södertörn University)
- Publication grants (please note the conditions for publication grants)

Project manager for research projects must be employed at Södertörn University during the project period. Participating researchers should spend some time at Södertörn University.

# Before submitting an application

Contact the relevant head of department at Södertörn University:

- Secure approval for hosting your potential project from Södertörn University
- Discuss employment conditions, including salary levels, and how to engage other project participants
- Discuss budget details

For research networks and publication grants any Swedish HEI may be a grant administrator.

# Information about internal rules and processes at Södertörn university

**Gabriela Voglio, Research advisor, Södertörn university**

Main message:

Södertörn University must be the grant administrator for research projects and conferences.

# What you need to do:

- Read Södertörns University's [checklist](#):  
*Checklist research funding proposals The Foundation for Baltic and East European Studies*
- If you don't know the name of the head of department and the head of school, you can find name and contact information at [sh.se](http://sh.se)
- If you know you will apply, don't wait to take contact.

The screenshot shows the website for Södertörn University Stockholm, specifically the 'Our research' page. The navigation bar includes links for SH-STUDYWEB, EMPLOYEE WEB, FIND STAFF, NEWS, CALENDAR, PRESS SERVICE, VACANT POSITIONS, and PÅ SVENSKA. The main menu features PROGRAMMES & COURSES, STUDENT, RESEARCH, MEET SÖDERTÖRN UNIVERSITY, and LIBRARY. The breadcrumb trail indicates the current location: Södertörn University / Research / Our research. The page features a large banner image with the text 'Our research' and a grid of six yellow boxes, each with a title and a brief description, and a right-pointing arrow. Below this is a 'Subjects' section with a grid of nine yellow boxes, each with a subject name and a right-pointing arrow.

**Our research** →  
The key concept for our research is multidisciplinary. Read more about our research vision and aims.

**Baltic Sea region and East European research** →  
Research into the Baltic Sea region and Eastern Europe is one of our strongest profile areas.

**Research database** →  
Search for information about current research projects in which our researchers are participating.

**Publication series** →  
The university has many publication series. Find out about them here.

**The Foundation for Baltic and East European Studies** →  
The foundation supports research, doctoral education and academic infrastructure at Södertörn University.

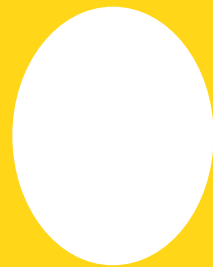
**Subjects**

<b>Aesthetics</b> →	<b>Archaeology</b> →	<b>Archival Science</b> →
<b>Art History</b> →	<b>Education</b> →	<b>English</b> →
<b>Ethnology</b> →	<b>Gender Studies</b> →	<b>History</b> →

# Note regarding employment

- Note 1: if you currently have an employment at another university, in Sweden or abroad, read thru the extra information below the checklist: *Additional information to applicants for funding from the Foundation for Baltic and East European Studies.*
- Note 2: if you are a project leader and will engage researchers employed outside Södertörns University, read thru the extra information below the checklist: *Additional information to applicants for funding from the Foundation for Baltic and East European Studies.*





**SÖDERTÖRN UNIVERSITY** | STOCKHOLM  
sh.se

# Submitting your application

- Application must be signed by the project manager and grant administrator's authorised representative (usually the head of department)
- projects and postdocs: in stage 2
- Grand projects, research networks, conference and publication grants: directly
- E-signature with BankID in the application system
- In case of no BankID a signature form is used instead

# Budget – research projects

*All the costs must be specified and motivated in the budget commentary.*

## Budget items

- **Salaries**

- Monthly salary + % of employment
- Project manager must have a min. 20% employment in the project
- For researchers that do not apply for salary funding specify 0 as monthly salary and percentage of work time in the project

- **Social security contributions (*LKP, lönekostnadspålägg*)**

- Payroll overhead, (automatically added for project leader 58% )
- For project participants must be specified per participant

- **Overhead costs (indirect costs)**

- Overhead costs concern administrative costs for the grant administrator
- Specify percentage per participant, (check with head of department)

# Budget – research projects

- **Costs of premises**

- Usually costs of the office at Södertörn University, may include laboratory costs, etc.

- **Investigation costs**

- E.g. access to archives, surveys, etc

- **Costs for conferences and travel**

- Costs related to organizing or participating in conferences, meetings, and workshops

- **Other costs**

- Non-research staff, ethical review, equipment, etc.

- **Dissemination of project results**

- Flat-rate automatically added. (includes publication, language editing, translation, etc.)

Co-funding with other research funders is not allowed.

# Assessment process

Two- and three-year projects and postdoctoral projects

Stage 1 Applicants send in a short version of their project

Research committee:

- Assesses applications
- Selects applications for stage 2
- All applicants receive general feedback from the research committee



# Assessment process

two- and three-year projects and postdoctoral projects

Stage 2 Applicants send in a developed application

## Research committee:

- Selects external experts
- Assesses applications and reviews the external experts' assessments
- Prioritises applications and recommends which applications to fund to the Board
- The Board decides which applications to fund
- The applicants receive a notification of decision and external experts' assessments

# Assessment criteria

two- and three-year projects and postdoctoral projects

- Scientific quality
- Research relevance for Baltic Sea Region and Eastern Europe
- Relevance to society

# Geographical area



- The research must have relevance to the Baltic Sea Region and Eastern Europe
- The ‘Baltic Sea Region’ is the Baltic Sea itself and the surrounding areas. The ‘Eastern Europe’ part comprises post–communist Central, South and East Europe.
- *A list of countries is provided on the website.*



# Some tips along the way

- Clearly define the project aim and formulate one or few research questions
- In the case of larger projects, the overall question must be of high scientific quality, the different parts must support each other
- Choose competence that is needed to address the research question
- Write for a panel with broad competence
- Clearly articulate and motivate:
  - relevance to the Baltic Sea Region and Eastern Europe
  - relevance to society from the project

# Some tips along the way

- In case of comparative studies, justify the choice of case studies clearly.
- Countries outside the region are allowed in comparative studies
- Clearly present and specify design, material, data collection, method(s) and analysis
- Dedicate a section to assess potential risks, limitations and challenges
- Present a time schedule and design, clarify project members' functions and competencies
- Motivate your costs in detail

# Do you have questions?

- [www.ostersjostiftelsen.se](http://www.ostersjostiftelsen.se)
- Overview of forms of support
- Instructions for applications (16 December)
- Q&A
- Information on which funds may be applied for at the same time
- Relevance to the Baltic Sea Region and Eastern Europe' with a list of countries concerned
- Email the secretariat, contacts available on the website